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The Better Sex Â® Guide to Extraordinary Lovemaking contains practical and candid advice for couples who want to enhance their sex lives. Whatever your age, whatever your lifestyle, wherever you are on your sexual journey, you'll find detailed advice, explicit techniques, and exciting positions that will make sex more thrilling and fulfilling.

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52 Weeks of Amazing Sex Â» 52 Weeks of Amazing Sex... Ian Kerner, Ph.D, is a sexuality counselor and New York Times best-selling author of numerous books for Harper Collins, including She Comes First and Love in the Time of Colic.

### **Good in Bed - 52 Weeks of Amazing Sex**

Exercises for Better Sex. ... If you feel healthy and have a positive body image, you will have a better sex life." WebMD Feature Reviewed by Michael W. Smith, MD on February 05, 2013.

### **Exercises for Better Sex - Better information. Better health.**

Tantric & Kama Sutra Sex Positions Al Link and Pala Copeland Ritualized sex has been an acknowledged sacred pathway in Eastern philosophies for several thousand years. Tantra, probably the most commonly known form of sacred sexuality, has its home in branches of the Hindu and Buddhist cultures of India and Tibet.

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