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Super Brain | Deepak Chopra & Rudolph Tanzi, Ph.D

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Dr. Rudolph Tanzi is the Vice-Chair of Neurology, Director of the Genetics and Aging Research Unit, ... He also co-authored the books Decoding Darkness, (and with Dr. Deepak Chopra), the international bestsellers, Super Brain and Super Genes, and most recently, The Healing Self.

Rudolph Tanzi, M.D. | The Chopra Center

Deepak Chopra and Rudolph Tanzi's book The Healing Self provides a potential blueprint for lasting behavioral change through diet, exercise, rest, and positive human connection. This book has the power to enhance individual health and impact many of today's public health challenges.

The Healing Self by Deepak Chopra (ebook)

Written by Deepak Chopra M.D., Rudolph E. Tanzi Ph.D., Audiobook narrated by Shishir Kurup. Sign-in to download and listen to this audiobook today! ... PLEASE NOTE: When you purchase this title, the accompanying PDF will be available in your Audible Library along with the audio. ©2018 Deepak Chopra and Rudolph E. Tanzi (P)2018 Random House ...

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Deepak Chopra & Rudolph Tanzi 00:00:00 Panel Discussion 01:11:00. He goes missing, his wife marries his best friend (who also wrote his life insurance policy) - Duration: 25:59. True Crime Daily ...

"Super Genes" Deepak Chopra & Rudolph Tanzi

Hear spiritual guru Deepak Chopra and renowned neuroscientist Rudy Tanzi reveal that equation and more - including how to change your genes and keep your brain healthy, happy, and strong. About ...

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