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The Defining Decade: Why your twenties matter and how to make the most of them is an insightful and research based examination of how the decisions one makes during their twenties have enormous impact on happiness and success later in life. The author, Meg Jay, PhD is a clinical psychologist with a private practice and a University of Virginia ...

Defining Decade: Why Your Twenties Matter and how to make

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[PDF] Ebook The Defining Decade Why Your Twenties Matter

First off, I expected to hate The Defining Decade. Which does beg the question as to why I was reading it, but never mind that. I feared that the book would read like one giant "YOU'RE DOING IT WRONG" to me, a single, 28-year-old law clerk living at home while I continue the search for a more permanent position.

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